Different Chakras And The Deities

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ORIGINAL TRANSCRIPT

ENGLISH TALK

Sahaja Yogi: This is the advice given by Her Holiness Mataji Nirmala Devi at New Delhi on 22nd February 1977.

Shri Mataji: That the source of joy is within yourself. Unless and until you seek yourself you cannot seek God. They have all talked about the second birth. What we call the baptism is also the same where you have to be born again. Is not just a formal one that is done by unauthorized people. Even the word Musolman - Mohamed Saab has again and again talked of a rebirth. You have to find yourself. How do we find ourselves is the problem? Is there something like 'self'? Is there really something like God or it's all a myth? Is there any fact in following the religious holy life that you get your salvation? So far we have had no proof of it. Naturally, in this scientific world today, you have to give the proof of everything to convince people so that they seek themselves. But the science tells us that we were evolved from a little amoeba to a human being. Why? Why God took so much trouble - if you don't believe in God you can say nature - why nature worked so hard to create a human being out of a small little amoeba?

Supposing we assemble some screws, and we try to work out something, a passer-by would ask, "Why? What are you going to make out of this instrument? What are you doing?" There must be some reason why we have become human beings after so much of evolution. But science doesn't think of why. It just tells you, "This is." And whatever is not there it says, "We can't explain."

The instrument, whatever it is, supposing has to work on electrical energy or on any energy whatsoever will come into force or will start working out when it is connected to the mains. Otherwise it is still in the making process, or you can say it is in transition. Human being as such is in transition. It has not find its own meaning. He does not know why he exists, what is the purpose of his life. It's a meaningless life. So, you have to be connected to the mains. That's what everybody has been saying that you have to be reborn. You have to become that.

Now, those who talked of this were born on the tenth storey. The rest of them are on this earth. When they talked it all went over their heads. You have to at least reach the first or second storey to understand that there is something beyond this human consciousness, this human awareness. There is something more to this awareness. There's a more opening. There's a greater dimension which one has to achieve to understand your own meaning.

About Kundalini - all the scriptures I must say have described - all the scriptures, without exception. Of course, in India there has been a very deep meditation tendencies, thousands of years back. And, some of the seers long time back found out about Kundalini, and even in [Dhirenja Samhita?], Kundalini is described. That's as [old?] I should say about Vedas, we cannot say the origin of these books. Kundalini has been described in them. Kundalini has been again and again described, and also has been abused, and misused, and misrepresented. All sorts of things have been done about Kundalini. In the Bible Kundalini has been described in such a manner that it is not called as Kundalini, but they call it as "Tree of Fire", "Tongues of Flames". Many such adjectives, descriptions are used, but they have not used the word Kundalini itself because it is not written in Sanskrit language.

So, there must be some mechanism within us by which we are re-born. No doubt. There has to be some mechanism. If I am speaking through this mike to you there must be some mechanism which is doing the job. In every seed there is a premule, the mechanism which germinates and creates a big tree out of it. In the same way we have a mechanism placed within us. But this is a very subtle thing while

human beings are absolutely gross. In this kali yuga, modern times, they are even worse. Extremely gross and they cannot think of something subtle. If I tell you there is an energy which thinks, organizes, loves, you cannot think of such an energy. But how do we organize? How do we think? How do we love? From where do we get that energy? Why shouldn't we think about it? But, as I said, that modern man doesn't think of "how", he takes it for granted.

So, today I want to tell you about this mechanism that exists within us. It should not be just a mental feed to you, no. It should not be the so called knowledge of Kundalini from outside. But it's a happening where the Kundalini rises, and you get that whatever is promised in all the scriptures. Today the time has come to prove the existence of the Divine Power of God all around us. We have been going and praying to God. Does He listen to us? Are we connected to Him? We do namohas, we spread our hands towards God Almighty. Are we connected with Him, or we are just doing a mechanical thing? Even so many people are doing Hatha Yoga. They think they are doing it in the name of God. Is it a correct method? Can we do anything about it? If it is a living process, if it is an evolutionary process, we must think we have done nothing for our own evolution so far. From amoeba to this stage we have come without doing anything about [it?]. We have taken our human life for granted. So what can we do about it? If it is a living process, it has to be spontaneous. It has to work by itself. Like a seed which is planted germinates by itself. At the most a gardener can pour little water. I can pour the water of my love on your seed - at the most. But the seed has to germinate by itself spontaneously. It is a living process and not the mechanical process. Perhaps we never realize what is a living process because we take it for granted? You see so many flowers turning into fruits, but we never think how it happens. We have no idea of spontaneity. We think by doing something we are being spontaneous. So one has to be effortless because Kundalini is born with you, Sahaja - "born with you". Saha means "with", "born with you", ja means "born".

So, awakening is a happening which happens to you when somebody who is awakened, like an enlightened light or a candle, comes near other lights which are not yet enlightened and enlightens [it?] spontaneously. Now you cannot argue it out, you cannot. You cannot rationalize it because rationality is a limited thing. You have to go to something that is unlimited. How can you do it with a limited mind? This is beyond mind you have to rise. If you argue it out, you are going to be away from it. But in science we have found out many things which indicate, which actually prepares the stage for Sahaj' Yoga, which prepares us to know that there is something beyond. We have accepted in the medical science that we have autonomous nervous system which works by itself. We call it "auto", swayam, [unclear?]. Who is this "auto"? Who is this "one", the one who beats your heart, the one who digests your food? When we said that it is done by a system, you just give it a name. But how do you explain? You cannot do it. You may be able to increase the rate of your heart beat. But you cannot decrease it. It happens spontaneously, automatically. How does it happen? By giving it a name you do not explain.

In psychology people have found out that there is something like a universal unconscious. There is something, [sarvavyapi achetan?], which gives symbolic suggestions in the dreams which are universally the same. They've accepted this. They have proved it by experiments that there is a universal unconscious. So many of them. I shouldn't say all of them because, you see, after all there will be always a controversy till you reach the truth. Human mind must have something to eat. But they have, they talk of it. Scientists cannot explain many things. There is another thing which science cannot explain is why certain things act differently in a human body. For example there are two chemicals known as adrenaline and acetylcholine. They have certain chemical reaction. But in the body they react differently. They cannot explain, they just say the mood of the action of these chemicals in the human body cannot be explained. Finished.

In the human body or in any body as such whichever is living, any foreign matter is thrown out. But when a mother conceives a child in the womb it is not thrown out, but it is nurtured and looked after. Who does that? Who understands that this is not a foreign matter, but is a future child. Is there somebody thinking in your uterus or something that is controlling? Who takes the decision? There

must be someone [or for you?] at least minimum of a human level who thinks for you? So already there are questions for scientist to ask. And they all can be answered. Because the knowledge of science is analytical, is in different corners, and gives you part-knowledge.

Now Kundalini can be seen, you can see it. The pulsation of the Kundalini you can see at least. Many doctors have seen it now. In Delhi of course we don't have any doctors so far, I don't know among you if there are any doctors. But you can see with your own eyes the pulsation of the Kundalini very clearly if you have a stethoscope you can even feel it, the rising of the anahata, means the throbbing. It can be done. But how long are we going to sit asking for proof of a Kundalini? Let us now see. As I told you this morning you must accept this as the hypothesis. Modern times are the worst times for one reason that you have to explain everything which is a very simple thing - as far as religion is concerned. As far as other things are concerned you don't have to explain. People just accept. For example, if you have to put on this light I have to just tell you, you go and switch on, that's all. Nobody argues. But, today in the morning I told somebody to put his hands towards Me like this, he started arguing on this point only, "Why should I do it?" Now I said, "I have to tell you the whole thing, why it is to be done." Is a simple gesture he could not do. And he has come here for the Kundalini rising, you know, with all the rights on Me. You can't even put your hands towards Me? Arguments have brought you nowhere. You must understand. This talking "bla bla" has led you nowhere. What have you achieved in that? You think you have done this job, build, this building you've done. It's all dead, all dead things, dead converted into another dead. What living work have you done so far? What have you done so far that you can call as living? You cannot do even a seed sprout. The One who does millions and millions of such things, billions and billions of these seeds sprouted, when we have to know Him at least let us have the humility to know that through your rationality and so called intellect you are not going to know Him. A little drop wants to know the whole of the ocean. How can you explain to an ant the human civilization and the human problems, and how can you explain to a human being the working of the subtle divine forces. God has been challenged by man, see the greatness. That's why in all the scriptures that is written humble down yourself in your hearts. That doesn't mean that you give up your intellect, doesn't mean at all. But you must have the balance of your heart also.

So, with all these apologetic words and introduction, I am now telling you about the Kundalini, where it exists. Because, now don't start from the very beginning doubting. Please keep your mind open. Later on when you get your realization through Sahaja Yoga, when you practice it. Now you have many here who have got it. And they have seen the working of the Kundalini and have confirmed what I've been saying about it. But to you it will be quite shocking. I know it will be because you cannot believe that such a thing can be inside us. Of course the mechanism has been simplified because this is just a, I should say, a primary class, the first standard. So, it has not been that complicated as it is. I'll try to make it simpler and simpler. But you must know that it is a subtle thing which you have not seen yourself, you've not felt it, you've not known it so far. It's something out-of-the-blue for you. And in this so called scientifically enlightened world it may sound quite foolish to you that I'm saying these things. But it is like this. Do not be fanatic about things. Even there are scientists who are real fanatics. Science is another obsession which has really killed their foresight.

Can you see from here? Now, this is the picture. As they say man is made in the image of God. We can say now, let us see, the bostu means the object of which you are the reflection. So we'll start from the top. When the child is in the womb of the mother the energy which you do not know, the energy that is all pervading called as Chaitanya - is the divine power of love of God which is all around us. This sounds quite poetic [only?] to people, many people is just a poetry. But it is not, it's a fact. Because we have never tried this power before, we only know the power of hatred.

So, this power of divine love of God which is all pervading, which is all around us, descends within us. Yes, it does. In the human beings also, when the child is in the womb of the mother. The brain of the man is evolved in such a manner that it gets a shape of a prism. Of a prism which has got

three sides and a base. When this energy enters into the brain then it passes into all the surfaces of the brain, and some passes through the centre on top here. You can say not the centre but the apex as shown here. At the back it passes through the brain straight into the medulla oblongata that is in the spinal chord and forms your central nervous system, as you call it as 'CNS'. On the other side of the brain, left side of the brain, it comes down this way. But when it has to pass [through the medulla oblongata DEL, Shri Mataji corrects Herself] through the brain it goes into the fraction because of different densities, and then passes into the medulla oblongata loosing some of its [resultant?] on the side into the spinal chord through the medulla oblongata.

Another one which falls on the right hand side goes to the left hand side through the refraction. Again it looses some of its outside as a resultant, is divided into two - one going down and one this way - and goes down in the medulla oblongata. The one which falls on the apex of the brain passes through the centre, and part of it, quite a part of it, escapes into the triangular bone as Kundalini. This is the arrangement made when you are born by God. I call it God because it is so. Of course, if [it's?] God or not that we will see later on. That profile I have to give you but not just now. This happens in a very subtle manner because as I told you, is a subtle energy. But is expressed in the gross way in our being as three autonomous nervous systems. The central one is known as the parasympathetic nervous system, is expressed as the parasympathetic nervous system. There are two sympathetic nervous systems, left and right. But in the subtle form which Kabira has described - Kabira has described very clearly - in the subtle form the channels that are carrying those subtle energies are - in the centre the channel is called as Sushumna Nadi. On the right hand side one channel is called as the Pingala Nadi, and the left hand side one is called the Ida Nadi. These are the subtle things which are existing inside the medulla oblongata, not outside. So, you see, when the doctor opens the medulla oblongata the person dies. How can you see? How can you see a subtle form of energy through your eyes? You cannot see even your electricity through your eyes unless and until there is a lamp which is enlightened. So, you cannot see those energies which are at work inside in a subtle form. But you can see the expression of it in the gross form outside.

Now these three energies are like the breath which flows through the flute. The breath that flows through a flute passes through seven holes. In the same way there are seven chakras, basically, main. When we say seven holes, actually there are more. Basically I am saying. I will tell you about the other ones later on. Just now I am telling you the… absolutely, as I told you in the primary, first standard class, I am telling you the basic things. So, the chakras, the centers that are placed within our being which are existing there and acting there, and which are in a subtle form are expressed outside as plexuses which doctors know. Is there any doctor in this room? Alright. They are expressed as plexuses and doctors know about the plexuses because they can see the plexuses outside. But what are the centers that control them? I do not know if the medical science has gone that far to accept that there are subtle centers inside the medulla oblongata which is controlling these centers. I don't know. I have done medicine for the same reason because I had to talk to these doctors and scientists later on. So, I have done it. But at that time it was not so. Even in My nomenclature you see, I'll be using those old terminologies which I learned in My young age, and if there's any difference you shouldn't mind because, you people are changing your nomenclature every now and then.

So, these subtle centers that are placed inside the medulla oblongata act on the gross plexuses that are outside. Doctors will accept that much. I know. They won't have an objection to that. But little further they will not go. They cannot. They should not as doctors. But as Sahaja Yogis they will. Once you have the experience, and once you have found out then why will you say “no”. But one thing we must know that if there is no microscope how can you see something that is inner sight? With these eyes you may not be able to see something. But supposing you get those eyes which are microscopic, and if you tell others, they are not going to believe because they must also get the microscopic eyes. This is a little problem of Sahaja Yoga that it has to happen to you, that you could see all these things what I am talking about.

Now, let us see what are these centers? Now when I describe them you need not get afraid. You need not accept. Again and again I am trying. You see with children it is very difficult. You have to take them this way that way. God knows where their mind will just slip out. You see they will find out some loophole somewhere and just disappear. So, I have to take your attention properly, so that you get the [unclear] that you are here for, that you get what you have within yourself. You get your own powers so that you know yourself. So, I have to, you see, say "child" to you and look after you and manage you very well, so that there is no problem. Don't allow your attention to just capture you, your mind or to take it away, you see, because your mind will be playing tricks with you. So, be careful. Of course, you should not also get brainwashed by what I'm saying. You can judge Me very well whether whatever I am saying is correct or not.

Now, the lowest chakra... This chakra, this centre which is a subtle, again I am saying, it is a subtle centre, is not a gross centre. Is a subtle centre placed outside the human body, and the subtle is not localized at a point. You see it's an energy. Outside the spinal cord in the prostate gland, and is known - and now, somebody might say that if the prostate gland is removed then - it exists still. But it has… Supposing there is a chair, I am sitting on it, I say, sitting on the chair. Now the chair is removed, I'm not removed. Or if the… They say men have prostrate glands, so what about the women. You see, like that the questions can come up. So I am saying it is a living subtle centre. So you don't worry about their chairs. I am just giving you a little location which may not be the same for everyone. And it acts on the pelvic plexus which we call as Mooladhara Chakra in the Sanskrit language, because that time there was not English language. That doesn't mean that I am preaching anything Hinduism or anything like that. All the saints, I will tell you. I will also tell you about Christ where He exists. I'll also tell you about Mohamed Saab where He exists, about all of them. So it is no question of one religion or anything. But these are different things which came in the evolutionary process of man, and all the evolution that took place in every human being is within himself, is recorded, and he's standing on that. For example as you come up to first storey you should know that the whole first storey is there. Second storey, it exists. Third storey, it exists. In the same all these storey's that you have climbed in all evolutionary process are on these seven steps which I am telling now.

So the first step is that of Mooladhara Chakra which is controlled by a deity is a symbol. Same from the universal unconscious I am telling is a symbol. And this symbol is that of Shri Ganesh. This is going to shock everyone. They're very few. They will have a photograph of Shri Ganesha, no doubt. But we'll believe that this is a living symbol that exists within us on this point. It does. What is the proof and everything I will tell you. But just now you see for yourself - is Shri Ganesh. And then if I tell you the same Shri Ganesh which is a symbol here has incarnated on this earth as Jesus Christ. He is the symbol of eternal childhood, of holiness. And as you know that this centre controls the sex also. This symbol suggests that in religion you must have innocence of Shri Ganesh.

Those who say that sex can be sublimated. Tantricas who use sex for sublimation are the greatest sinners on this earth. Sex has to be sanctified and holy. If you do not have a sanctified and holy sex you cannot get your realization. I'm sorry. Those who talk of liberation at sex must realize this. They are ruining their Kundalini completely because Kundalini is like a mother Gauri who is sitting inside them. And for Indians it is very easy to understand that you cannot have sex with your mother. Those who talk of exciting sex for realization are the greatest sinners because this is the greatest sin. And those who excite their own ideas about sex by accepting all these licentious and permissive things about their sex which is the holiest of holy are killing their tabernacle. They're completely finishing off themselves. There is no saving for such people. Is going to be very, very hard for them. One has to work very hard for these people. And if you come to My London centre they will tell you what happens. How difficult it is. One shedders to see how we have played foolishly with ourselves by experimentations. Will you experiment yourself with these electrical appliances. Let me see anybody who puts their hands into the oven to experiment.

Without holiness you cannot talk of God. Take it from Me. You may not like it. No. Many won't

like it. Because their guru must sit down here and say, “Yes, yes, you must do.” You need a guru also for such a thing. Imagine, human beings as they are they keep a guru who says, “This is the greatest dharmic thing you must do.” Imagine. Tomorrow you have to face God. Remember. Even if you do not get your realization. Those who try these tricks are punished in this life time. They don't have to take course to any other life or after death. In this life time. You have to have a sanctified holy married life. Marriage institutions according to human beings is made by human beings. It is not. It is made by God. I'm not here to please you. I have to tell you the fact and the truth of life. One has to lead a very holy life. That is the essential part. And I'm very sorry for one thing that Christ who was the incarnation of that holiness, who is worshipped in those countries is being insulted completely by those people. He was a celibate person throughout. And today they are making a picture on the sex life of Christ. In India it is not possible. “Thank God”, here it is not possible. They dare not talk like this, shamelessly, and vulgarly. There is no shame about it in those people. They've forgotten God.

And that's why when I talk of Shri Ganesh you must know that you have to be like a child when you want to have the blessings of the Kundalini because She is your mother, and She is all the time following you. She is born again and again within you, and She's watching you, and She's recording all that you have been doing. And who is doing the recording? In the heart you find there is the flicker of spirit, of atma which is the reflection of God Almighty. That is the spirit which records because it witnesses. It's a sakshi. It's a witness. Whatever you are doing in life. And is all recorded in the Kundalini, and at the time of Kundalini awakening She shows. Many people ask Me, “How do you know?” Because Kundalini is My part, She tells Me all that. And I know about their problems because She tells Me. It's all recorded like a tape recorder you have got the cassette [unclear], it is there.

And the Kundalini is in the form of Gauri who is a virgin just married to Shiva. It's a symbolic expression, is a poetic expression that She's sitting and having Her bath before meeting Her Lord. And Shiva is in the heart, the atma. And Ganesha She creates out of Her vibrations. On Her being She takes out the [mala?] as they call it, the dirt, and makes a Ganesha. Ganesha is created by mother, as Christ was created by mother herself. And She places him behind the bath room you can say to safeguard her [lajja?], you can say Her chastity. So, He looks after Her protocol. Nobody can enter through that side it is prohibited. Who can rise to the status of Shri Ganesha who is beyond all contamination, who is holiness personified? He's like a lotus born out of the mud. We worship Ganesha in the house, and we do all kinds of things with ourselves. We are not bothered about holiness, about keeping our dignity. How can He be pleased with us. But Ganesha doesn't come in the Kundalini rising, because Kundalini is placed higher. Already She is placed higher in all of us. We are already sublimated. So He's the only one who sanctions. He's in charge.

Then you find a very white round centre which is called as the “Nabhi Chakra”. Those who understand Hindi, or Marathi, or Sanskrit know what is Nabhi. Is the navel, we can call it the Navel Chakra. Then the Nabhi Chakra is also called as “Manipur Chakra” in the Sanskrit language. But for our practical purposes name does not matter. Is the Nabhi Chakra we can say, everybody understand what is a Nabhi. But it is not here in the Nabhi, it is at the back, in the medulla oblongata it is placed. Now, this Nabhi Chakra or the Manipur Chakra is the centre which controls the solar plexus in the human beings. This is the center, is the centre of dharma, of religion. When I talk of religion, everybody will say, “Oh. Mataji believes in religion.” Now, you must understand what [is del] the word dharma means. Dharma means “Dhaarayti sa Dharma”, your sustenance. Carbon has four valances. Every element has got a different property that is the dharma of every element. Every animal has got a certain quality. That is the dharma of an animal. Human beings also have some sustaining qualities. They are human beings, otherwise they are pischachas, or rakshasas, or devils, or satanic, or they are sub-human. To be a human being minimum of minimum you must have those 10 qualities, 10 dharmas within yourself. If you do not have, you are not a human being. You become satanic. You become sub-human. Your awareness goes down, it's lowered. These are above the 10 commandments I should say, above, because there are certain things which are not mentioned in them

clearly, in the Bible. These are the 10 basic qualities in a human being one should have, and if you do not have then there are problems. For example, we should not shock people. [Means?] drinking. People say, "What is wrong in drinking, Mataji?" Simple thing it goes against your awareness. See these drinks and all these alcohols they're not created for drinking at all. They were created by God no doubt, but for polishing. You see if you want to polish a diamond, you have to use gin. Gin is not meant for drinking, for human consumption. It is not meant. This is human brain, you know, is such a wonderful thing that it is using gin for their stomach which spoils their liver, gives them cancer. And you blame God for all these calamities of the world? Smoking, now of course, many are saying smoking causes cancer. Thank God. What is tobacco meant for? Is for insecticide. It's an insecticide. I'm telling the truth. But you use it for intoxication or what you call I don't know.

Now when all the Gurus, even Moses, they told about this. All the gurus have told. Incarnations have not but gurus have. I mean [I am del] the real one. I am not saying these fake ones that are these days, modern days are just making a business proposition of everything. I'm not talking about them but the real ones who are all born in this void - the void described by the Zen system of religion - all the 10 gurus - we can say the [unclear?] of all the 10 gurus - are incarnated. They tell us about the dharma.

The centre Nabhi Chakra is governed by the deity called as Vishnu and His power is Lakshmi. Now, if your Nabhi Chakra is caught whatever you may try you cannot get the blessings of Lakshmi. You cannot get. And even if you have Lakshmi it will disappear. It's a fact which can be proved. This Nabhi Chakra is controlled by a deity, Vishnu, which is the sustaining aspect of God. Vishnu gives the different dharmas to us. That's how He has evolved us from amoeba to human beings. He Himself has incarnated as a leader many a times. We call it Dashavatara, and He has led us through these incarnations. And His power is Lakshmi, is the Goddess of Welfare they say, or you can call it is wealth. It is not. It's a very subtle thing, very subtle. That's a symbol one should understand because is concerned with us. Lakshmi has got a womanly figure, a mother's figure. She doesn't have an actresses figure, you see. They show of actresses and these beauty, what you call, beauty contests are not good vibrations at all. They do not emit any vibrations. On the contrary they emit very dirty vibrations I must say, very vulgar, very filthy. Lakshmi is a mother. She doesn't use her body for provocating expressions. No. She is a mother. So, a Lakshmipathi, a man who is supposed to be adorned by a Lakshmi, a rich man, should have personality of a mother. A one who is lajjasheela as we call it, who is chaste, who respects the chastity, who is loving, generous, affectionate like a mother. Mother tolerates all the nonsense of the people, of the children.

Then in her two hands she has two beautiful pink colored lotuses, two flowers of lotuses. The lotus expresses the shri. Shri means the "grace". If I say "beauty" immediately [your eyes? rise?] will go to those beauty contests. I do not mean. They are not beautiful. Beautiful is not a word which these days means provocating. No. Beauty means the complete personality that emits vibrations which is a form, or is the same as joy and ananda that we call ananda, joy, and also consciousness that is a very complicated thing. So, I would just say that is the form that emits the vibrations of joy. In Her hand are two lotus flowers which are pink. Means She has - such a person has to be a warm person, has to be a cozy personality, and his house should be as cozy. It should not be all polished and varnished. And if somebody comes in the house, he drops anything flower there, the woman starts getting angry or the man says, "Oh, you have dirtied my house. Will you please clean it." Such a house is not a home. It has to be a home for all the people. Such a man is Lakshmipathi. Otherwise morning till evening the fighting going on between husband and wife, "You didn't keep the house clean, you must clean this, and you must sweep that." As if the cleanliness has become the main part of human life. I can understand a basic cleanliness should be there. For Indians we should not tell this because they lack that completely. They are the other extreme. [Mother speaks in Hindi: Raste me chalet chalet jaha deko thook dhena ka.] Of course. But another extreme also is not good that all the time the divorces are taking place because of cleanliness. So fussy that you can't live together. You develop a sort of a maniac or sort of you become abnormal. People, you suffer from sickness of cleanliness morning till evening. Afraid, this is to be done, otherwise it will be dirty. You think ten steps forward [march?

much?] that the place should not be dirty. Of course it should not be dirtied is a simple thing. But it should not be that much worked out that the home becomes a hospital. Home is a home. Children must feel it's a home. Let them play, let them spoil.

In London you will be surprised my husband secretary told me that my children were coming that my and she worried. I said, "Why?" She said, "Your house will be all spoiled." I said, "What? My children are coming, my grand children are coming? I am looking forward for everything that I can do for them. How did it come into your head that My house will be spoiled?" It can be cleaned. You have so many ways of cleaning the house. So the house should be cozy and comfortable of such a person. A person who is rich is not a Lakshmipathi. But a Lakshmipathi is a rich person. He receives people with a big heart.

So the coziness of the lotus should be in that Lakshmi. In another hand, in the two other hands, one hand has this symbol like this, another is like this. This suggests that such a man must do dhan. Now, in English I don't know what is the word for dhana. Because nothing is that dignified. Dhan means "giving alms". But it is not dignified word. You can say... [Talking to one Yogi] Gavin, what word will you say for dhan, tell me in English? [Talking to the audience again] You see that to give away…

[Yogis said something]

Shri Mataji: "charity" is also little bit, you see, to be charitable means you see you are higher than the person whom you charity.

[Yogis said something]

Shri Mataji: "offering" if you say then it's a different meaning in. But, I would say dhan means by which "sharing" is expressed, sharing.

[Yogis said something]

Shri Mataji: "Generosity" You think it is nearest. Alright. Generosity. But… generosity ya, you can say at the most generosity. But "giving your generosity" you can say. And by this is ashraya means there should be people depending on such a person. So, you have to be an enlightened person, so that people should depend on you. A rich man has to be a dignified person. But normally it is not. A rich man first of all he will start dressing up like a teenager. He might be the age of 60 years. You find many like that. Immediately all his dignity is fallen off. And soon as [it comes?]. Then he must go to races, he must take to drinks, he must be found on the street, some policeman must… and it must appear in the paper. Now, I have seen some also horrid things about women who are rich. I must say that this happened in England. But it's funny, for you people it will be funny, but it is common there... A 90 year old rich woman, ninety year old rich woman, having a love affair with a 19 year old boy. She is a rich woman you see. I mean, I do not know what to call this stupidity. The rich…

… in India. God save. No enlightenment of any kind they have. If they had there would have been no problems at all. So, this is the symbol of Lakshmi at this stage. The sustaining power is the Lakshmi. The sustenance. What should be the dharma and all that - now if I discuss it will be too much. But I told you for example drinking goes against the dharma of life. It goes against the dharma of man because it goes [against INS] the awareness of man. If you loose your awareness how are you going to rise to a higher awareness? Now, people know by drinking these things happen. But they will say, "What does it matter, Mataji, if we drink a little bit for our society?" What does it matter if I take a little poison? You'll get [useless?]. Gradually you'll start taking poison. There are so many people, in this country specially, if they take a little of tobacco they feel giddy and fall on the ground, this tobacco. There must be some in you also. They cannot even look at tobacco. There must be some. But there are some who can take tons, tons inside their being. How is it? Both are human beings. So, by little and little, those countries who have accepted this as the social thing have done the greatest harm to themselves. Because in the beginning they were taking only little, little. That was I should say about 100 years back, you can say about 200 years back. But today if you go and see them they are alcoholic.

They can't live without. So the pioneers were the little ones, and the sufferers are those now who are fed up with alcohols because they think it doesn't intoxicate. So, they have taken it to drugs also. Or they think it is another experiment. So, you have more police force, you do all kinds of things to control it. It's not possible.

Mohamed Saab has clearly said "no intoxications". Nothing, nothing at all. Nanak has said the same. They are both the same people you'll be surprised. Same people born at different times. Same people teaching the same thing. Nanak said the same thing: "no smoking, nothing". But today there are no Sikhs. In the morning there were. Sikhs are fighting in London that we should not wear the helmet. Imagine. Where is it written? In which book Nanak Saab has written this? I would like to see. That helmets. On the contrary he said, "Vesh ka kya payda ka." What is the use of changing your dress? And they are fighting on this point. But the way the Sikhs drink in London, I mean Britishers are ashamed. They, I mean, they think they are no good compared to Sikhs, the way they can consume. And they are fighting in the name of religion. Is a fact I am telling you that the helmet they cannot wear because they must have a right and freedom to crack their heads on a scooter. What is this? And there is a big procession every, I think every Sundays you take it out "against protesting". My hats off to all these people. That is what they have done out of Nanak Saab.

And the Muslims, think of them, they have written poetry on drinking. Now, if I say you don't have to drink they will think this lady is talking some [out?] 10,000 years back. But is a fact I am telling you. It is not meant for human consumption at all. None of these. Now they might say that Christ was drinking wine. Now, wine never means alcohol. I mean grape juice which is fresh, which is unfermented is different. But the fermented, even molasses, anything you can ferment, it becomes an alcohol which is satanic. Is a process only to be used for polishing things. You are drinking the polish. And all your intestines all are polished off nicely. And your liver is ruined. And then you come to Mataji, "Mataji, our liver is ruined. Now what to do? How to cure it?" Now, if I tell you, "Don't drink. It's very bad." But these days there are gurus like that you know. They say, "You drink. Do whatever you like. Only thing give your purse behind me." You can do whatever you want. You can even smuggle, you see. There was a guru who was teaching smuggling, actually smuggling to people. And all the [sashays?] were caught in Jakarta when they were smuggling. They lost billions and billions of dollars there. And when I went to Singapore they came to Me, "This has happened." I said, "Where is your guru?" "She has wandered Switzerland." I said, "Very nice." He said, "You do whatever you like. Bring the purse here, that's all. If you cannot look after your wife and children leave them here also. You sacrifice everything in the name of God. And give everything to me, very nicely. You sacrifice." They are many who will support it. They are not gurus. If I tell you they are rakshasas, they are demons. Otherwise nobody can do like this. These are demonic things. They're not afraid of anything. They have no consciences. Those who have no consciences are devils, are devils. They are not afraid of God. And they are doing everything in the name of God. Tomorrow they have to face God. No doubt. But you will also have to face. And when God asks you, "What have you been doing?", then you'll find that you have no answer. You'll say, "I have kept a guru there. I was paying money to him. I was looking after him. He did this much." He says, "What about your Kundalini? What about your awakening? What about your realization?" You said, "That I don't know. I had kept one guru, you see, and I was paying him." He said, "Alright, where the guru has gone, you also go there. "And you'll find the guru settled down there very nicely among the worms in the hell. In the deepest forest of hell. Take it from Me. There is no need even for these people to die. They will face it in this life time. All such people have faced. You have seen what has been the condition of gurus. So, this is the centre part of void [which?] has to look after.

And the, another centre that you find there is the centre is known as "Swadhistan Chakra" which creates, which is a creative power within us. By this centre we think, we plan, and also our bodies catered to. Now, other day only I discovered that doctors do not know what is the reason for diabetes. I'm surprised. I'll tell them. You can verify. It's very easy. This is the centre which does two things. It thinks, plans. You know in Delhi everybody's Swadishtan Chakra is caught. Why? Because of too

much of planning is going on here. Everybody's planning like mad. But there has to be certain balance between your thinking and between your emotions. You must have also a little balance. I don't know whether the doctors think of balance of emotions with this. They do not. So, the diabetes is caused because of this imbalance. You're all the time using this centre for too much thinking, too much planning. But the same centre looks after the upper part of the liver, spleen, kidneys, and also the uterus, and also the thinking. So, if you are thinking too much you are using the energy on one side, and there is no way of filling the petrol back. Then what happens. That your spleen suffers. It doesn't get the energy, and you get the disease known as diabetes which is only known to the people who think too much. Is not known to the poor people. They eat such a lot of sugar. They don't have to stop sugar. They eat such a lot of carbohydrates and such a lot of sugar, especially sugar. But, they do not get diabetes because they do not think too much. Now, thinking has become like a disease with people. They cannot stop it also. It goes like a horn in their head I tell you. All the time thinking, thinking, thinking, they go mad, and they say, "How to stop it?" It can only be stopped when the Kundalini rise above this. You go beyond thought.

And the thinking creates within us on the left hand side of the brain through the Pingala Nadi, through the right side channel, it creates the ego. Is the ego. All thinking is done through ego. Those which are developed countries have worked out their developing through their ego. So, the ego developed so much in that country that they got fed up of it. So, what has happened? As a reaction the other side of it started growing. The younger people they started taking to drugs, taking to sedatives which created in them the super ego. The ego gave.

Douglas is laughing. Is a fact. He knows. He has done it, and he has crossed it, and he has overcome it, and he has won it. So, he's laughing.

And the superego has risen now to push back the ego. For an Westernan always will say, "Oh. I'm so bad. I'm no good. I'm good for nothing." Is not humility, is the super ego. Is the super ego that is acting. While in India the ego is rising. Be careful. You have to be in balance with ego and super ego. If it is in the centre then only I can raise the Kundalini. If there is an imbalance, I have to remove the imbalance. And it is removed.

The centre known as the Swadishtan Chakra which also controls the aortic plexus outside is governed by a deity which we know very well is Brahmadeva, and His power is Saraswati. He had incarnated only once on this earth, and you'll be surprised if I tell you who was that - is Hazrat Ali. He was the son in law of Mohamed Saab. Mohamed Saab is the incarnation of the primordial master or the Adi Guru who incarnated in the void, in the Bhavasagra. And He is the same as Nanak. But if I tell this to Muslims, they'll kill Me, or the Sikhs will kill Me. One of the two. I don't know who'll come first. I don't think this time they are going to crucify. But they are not going to like it.

They are the same people. There are ten of them born like that. They are the same people born again and again. And they are the people, if you accept them in only one incarnation they are not going to accept it. You have to accept them in all their incarnations. I'll give an example. There was a doctor who was suffering from the cancer of stomach, Muslim. He met Me in London, and when I told him that you have to worship Dattatreya, he got a shock of his life.

He said, "You mean to say I must give up my religion."

I said, "Your religion is in imbalance." He was the same as Mohamed Saab. Actually Dattratreya incarnated as Mohamed Saab.

He said, "I cannot do that. I only believe in Mohamed Saab."

I said, "Alright, I cannot cure your cancer because cancer is because of imbalance. It's too much activity on one side." Over-activity of the sympathetic nervous system causes cancer. You can write it down today, and you can verify it. And that's why when people say, "I have cured cancer." I have. No doubt. Not only Me, but even this doctor who is here he has cured. Cancer is only curable through the balance of Sahaja Yoga. Otherwise it's not possible. Take it from Me.

So, the imbalance of this man, he would not listen. But cancer is a great thing that way. He had to come back, "Alright Mother, I accept."

I said, "Alright. Now will you pray to Dattatreya?" A Muslim has to become a Hindu, and a Hindu has to become a Muslim. A Sikh has to become a Muslim, and a Muslim has to become a Sikh. How can you divide God into so many ways? This division is like the atom being split. You are splitting. You are finding all ways and methods of splitting each other. And what you are gathering is the volcanic force of destruction within yourself.

So, the so called drunkards who call themselves Muslims, and the so called drunkards, the Sikhs must know that they are very far away from the gurus whom they worship as their leader. And as Christ said, "You'll be calling Me Christ, Christ. And I won't recognize who you are." It's going to be that. For cancer you have to have balance of understanding the complete integrated form of God which has come on this earth, incarnated as different flowers on the same one tree of life which has been at different levels. Like in a tree you have sometimes… first you have leaves, then you have the flowers, then you have the fruits. But these are the flowers of the same tree, have been taken away by different people, just to create problem of dead flowers. They are living on the same living tree of life.

So, I have told you already about one chakra that is Mooladhara Chakra, the Mooladhara where the Kundalini resides. Then about the Nabhi Chakra from where it rises. The Swadishtana Chakra which moves round and round and creates the Bhavasagra. I've also told you about the spirit, the flicker of the light that exists in the heart which is looked after by Shiva. The flicker of the light which is the saakshi, which is the witness. It is like a flicker that you find in a gas light. Now the gas itself is not enlightened. The gas itself is the energy but is not enlightened. The flicker is enlightened. When the gas passes over to the flicker it also gets enlightened. That is what is Sahaja Yoga is. That is what is the Kundalini awakening when it touches that flicker. But the flicker has got the seat on the top of the head, here, which is known as the seat of the Sadashiva. And this is the form or aspect of God which is existence. God Shiva is existence. And this is the first form which emerges into all these forms. Like the seed emerges into the whole tree and becomes the seed, and ultimately at the dissolution point also it becomes Shiva. That is why it is known as Shiva, means the permanent form. It doesn't go into any formations. It doesn't incarnate. It is a witness which watches. That's the aspect of God. So you have got three aspects of God. The first one which is the Shiva, which is the existence, the second one which is the creator, which is Brahmadeva, and the third one which is Vishnu, which is the sustenance, which evolves, which gives evolutionary movement, which incarnates, which has incarnated ten times.

Now the chakra above that, you see, in the centre, which we call as "Sacred Heart", is in the centre, is known as the cardiac centre. You can say "Rhudaya (Heart) Chakra". We all know what is Rhudaya, Rhudaya Chakra, is placed here behind in the medulla oblongata. But outside also is the cardiac plexus. Now this centre, the cardiac centre, is governed by the deity Jagadamba, the Mother of the Universe. Parvati, wife of Shiva, the power of Shiva takes Her place here, to help these struggling evolutionary human beings who are trying to evolve themselves, to protect them from the satanic, from the demonic forces. She is known as Lalitha. She's known by many names. They say She has been incarnated 108 times. She has been incarnated many a times. She has incarnated as [amsha?] also, as a part of Her has also being incarnated. She is the essence of raaksha, is the protection. A person who suffers from insecurity gets this throbbing here, he gets disturbed. People who suffer from fear have this problem here. She gives us the protection. She is the protector. And She is the Mother of this World, Jagadamba.

On the right hand side of the heart exists, left hand side I have already told you, right hand side exist the symbol of Shri Rama, and His power is Sita. Shri Rama is at a evolutionary stage, came as a leader on this earth, as an incarnation of Vishnu, 8th incarnation. And He tried to show the political leadership of a divine nature. He incarnated on this earth 12,000 years back. And at that time in the whole awareness of human beings the idea of a leader, as a political leader, was born. He's responsible

for creating the political awakening in us, 12,000 years back in the human awareness. His power was Sita, His wife, who was a very simple woman. But She was the form of Adi Shakti. We know She was because at that time the people were very sensitive. They could see that. These days people are not. They cannot make out a Ravana from Sita. See that is what is the condition of our sensitivity. This is the central force, is known as the force of Mahalakshmi. So, the Lakshmi is born as Sita for the first time as a human being. On the left hand side force is known as the force of Mahakali.

[Conversation with a Yogini] :

Shri Mataji: Vidyuth, I wanted to meet you.

[Sahaja Yogini says something]

Shri Mataji: Acha ye paar ho gaya na.

[Sahaja Yogini says something]

Shri Mataji: Acha. What time are you living? Abhi, when?

[Sahaja Yogini says something]

Shri Mataji: Abhi katam kar le lecture.

[Sahaja Yogini says something]

Shri Mataji: Can she come tomorrow?

[Sahaja Yogini says something]

Shri Mataji: Tomorrow morning is the meditation.

[Sahaja Yogini says something]

Shri Mataji: O God.

[Sahaja Yogini says something]

Shri Mataji: Kathmandu mae ja rahay hai!

[Sahaja Yogini says something]

Shri Mataji: Acha. I'm also going to Kathmandu on the 16th evening. Will you be there?

[Sahaja Yogini says something]

Shri Mataji: Alright, so you can give her the address, I will try to contact you. Alright! May God bless you.

[Sahaja Yogini says something]

Shri Mataji: Hmm.