

Shri Adishakti (Kundalini) Puja

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ORIGINAL TRANSCRIPT

ENGLISH TALK

Today we have gathered here to do the puja of Adi Kundalini as well as your own Kundalini.

First of all, I think this is the most important thing to understand about your own Kundalini, as Self-Realization is Self-Knowledge. And the one who gives you Self-Knowledge is this, your own Kundalini, because when She rises She points it out what are the problems on your chakras.

Now, we say that it is pure desire, but we do not know what purity means. It means your chaste desire. It means it has no lust, greed, anything in it. That power is your own Mother and is settled in your triangular bone. She's your own mother. She knows everything about you, it's like a tape recorder. She knows everything about you and She is absolutely the knowledge - because She's so pure. And whatever chakras She touches, She also knows what's wrong with that chakra - beforehand. So She's quite prepared, and She adjusts Herself fully so that you do not get a problem by Her awakening. If any chakra is constricted, She waits and goes on slowly opening that chakra.

Now, this Kundalini is the primordial power which is reflected within you. And within you, in a human being it is like many strands of energy. So it's like a rope and these energies are all twisted together to form this Kundalini. In a human being these strands are three into seven — that is twenty-one — raised to power 108. But when your Kundalini rises, one or two strands out of this come up and pierce the fontanel bone area - only one or two. Because it has to pass through the innermost nadi, known as Brahma Nadi. It's all a spiral throughout because Kundalini is a spiral and these nadis are also - are like a spiral like this. So the innermost nadi is the Brahma Nadi. The outermost nadi is the right side and the second innermost is the Ida Nadi. So, through the Brahma Nadi She starts sending those threads. By that they relax the center. By the relaxation of the center the sympathetic nervous system also starts relaxing. And when it goes to the Agnya Chakra then your eyes start relaxing, your pupils start dilating, and your eyes can become like Mine, very black, absolutely relaxed.

So, you can easily see in a person how far is the Kundalini. If it has pierced the Agnya, then the eyes will be completely dilated and will be shining. And then She enters into the Sahasrara.

Now, it is absolutely pure light of knowledge, love, compassion and attention. All these three things are in that energy. We know of many energies - like electrical energy, we know of light energy, we know of other energies. But these energies cannot think, they cannot adjust, they cannot work on their own. They are to be handled by us. But this energy, itself, is the living energy and knows how to handle itself. It thinks. If you see a seed being sprouted, you'll find at the tip of the seed there's a small little cell which knows how to go around the soft places and then how to encircle the stones and then how to find its way to the source. That cell has got, I would say, a little Kundalini in it, the way it moves. But within you is - a tremendous force of Kundalini exists. So, you have a storehouse of compassion, which can be enlightened by the Spirit. You have a storehouse of love, compassion and knowledge and ocean of forgiveness. When people get Realization, they do not understand that they have to now grow. And why they don't grow? Because they do not ask for these energies. A person who is a Realized soul, if he says that, "I have to have more compassion. My compassion is not all right. My concern about others is not all right. My generosity is not all right. I'm exploiting others. I'm exploiting their love." Then this energy starts moving, giving you that greater dimension of love and compassion. But, if you do not want to be growing in your awareness, then She says, "All right, he is a half-baked Sahaja Yogi, let it be." She doesn't supply that energy which is stored within you. I told you, three into seven, that is twenty-one, raised to power 108.

So what a storage you have within yourself. But because of your mundane style of thinking and asking — in the beginning, when I started Sahaja Yoga people used to ask for, say, jobs or for, 'My

mother is sick' or a father is sick or they would ask for money or something like that. So these wants are not pure wants. As we know in economics, they are not pure wants. They're impure wants, because they are never satiable in general.

So this Kundalini that is your Mother, She is there to supply you, nourish you, to look after you, to make you grow by giving you a higher personality. Higher personality, wider personality, deeper personality. Now, we think if somebody is well read, then we think he is a higher personality. Sometimes a person who is rich, we think he is a higher personality. Sometimes we think a person who is very hard working is a higher personality. Sometimes we think a person who is, I mean, some sort of a confusion about religion or something, we think he is a higher personality. Our ideas about higher personality itself are wrong. People are higher because they are spiritually evolved - otherwise, they are not, they go to dogs. Nobody respects them.

Now we are in Germany and Germany - 'germ' itself means actually 'Kundalini'. Germ means in Sanskrit, as you call it, 'ankura'. Ankura is the germ. And Germany is the place where we can have Kundalini Puja, is something really a great coincidence or I think it's just Paramachaitanya's arrangements.

So, to look at a seed, looks like an ordinary thing, nothing special — could be very hard nut also — mostly the seeds are in nuts, mostly. If they are not in nuts, then they might be having some sheath or something, minimum. But you won't find a seed just hanging from somewhere on a tree. It has to have some protection, some sort of a hardness outside. Now, that hardness is there, but the germ has a capacity to break that hardness. Just imagine a germ, which is such a delicate thing, which even if you touch it might break. Can it break the covering, the hard shell? How can it do it? Isn't it fantastic that such a hard shell, which we cannot break it with our teeth even, can be easily broken by a delicate germ.

So at that time, what happens is the shell itself doesn't become lively. It doesn't get life. There is no movement of the shell itself, but it moves and it opens. So that delicate thing, when it grows, then the shell has to break. In the same way, this Kundalini, which is a delicate thing — if you see a person who is compassionate. “Oh,” they say, “Mother, he's too much a gem, you know.” Everybody has sort of a sympathy, protectiveness for that person. “He's just, Mother, he's just compassion, you know, it's too much.” We always feel such a person to be very — a weakling, a weak personality and that he should be protected. “Oh, Mother, he doesn't know also how to abuse people. How will he beat anyone? He cannot even kill an ant on this road. How can he do anything when he's good for nothing?” That's our concept, because we think we should have somebody really a tyrannical person to handle things. But just see that in a seed, it is that delicate germ grows and breaks the shell. In the same way, when we become really delicate like a germ and then grow in our delicacy and in our beauty of compassion, love and knowledge which makes you humble, then these shells will break. But it's the other way round, normally. In Sahaja Yoga now we have leaders. We've had leaders and leaders and leaders. Some of them came like tigers. I didn't know what to do to them. Even tiger can be ridden by the Goddess Kundalini, because this love has the power to break any hard nut.

So what we should ask for is that beautiful, soft, compassionate nature, and then the Kundalini will supply, because She only has that. Kundalini doesn't have anything else. All Her power is of love, nothing but love. So how can She give you something She doesn't have? Supposing you hate someone, what can She do? She can't do anything because She cannot give you powers to hate. So what She says, “You hate someone, all I forgive.” She gives you the power to forgive. Like a sword has to fight a shield, not a sword. So the violence, as they say, can be only fought with non-violence. In the same way, if we have to grow, the Sahaja Yogis have to grow, first of all we have to see how softly we talk, how kindly we talk, how considerate we are. Now this is externally, but when you start doing that externally the energy starts coming internally. You might say, “Mother, even if you think —” So that's our thinking. No, you're thinking that time. For that thinking, the energy will come from Kundalini, because you're asking Her help. Whatever She has, She is willing to give, but whatever

She does not have, how can She give?

Now, supposing you want to get angry, She hasn't got the power to show anger. So how can She give you anger and temper? I mean, sometimes I try, "Let's see if I can get into ego." How to get, I don't know. Because this Kundalini (Shri Mataji laughing) doesn't know what is this ego, how to pamper the ego and how to make you fly in the air. No. So whatever kind of energy She is, She will give you that.

So please remember, those who try to bring in assertions and conditionings and ego and all that are not going to grow because they are not getting the energy from the Kundalini, but from outside, which is absolutely useless.

So the power of Kundalini is absolute purity, auspiciousness, holiness, chastity, self-respect, pure love, detachment, concern, enlightened attention – to give you joy. As every mother wants that her child should get the joy. Whichever way is possible, She'll try to give joy to Her children. In the same way, this Kundalini has only one power — how to give joy to Her own children, and She does that. Supposing — I mean, I don't know about modern mothers, but normally, if I would go and say to My mother, "Teach Me how to be angry," she will say, "You go and cut Your nose." If I tell her that, "Tell Me how to tell lies," she'll say, "Go and cut Your tongue." If I say, "Tell Me how to see bad things in others," she will say, "Take out Your eyes it's better." All these ideas that we harbor within ourselves make a very big problem for Kundalini to enter into your attention.

Now, people always ask, "Mother, how are we to grow? What should we do?" That's why I say introspection. There should be introspection, "What do I want in this life? I should be able to love many more people without any lust or greed or expectations." All right. Then the floods of abstract love will flow.

She gives you witness state. She gives you peace. How many things She has to give you by which you become so powerful, so very powerful. No one can trouble you.

Aside : I think, it's all right, I don't need it.

She gives you security. She gives you peace. She gives you wisdom. But if you want to ask for stupidity, She cannot do it. It is impossible. She hasn't got it with Her. So every Sahaja Yogi who has to grow, must know what is in store with your own Kundalini.

So now, if you try to do the other way round, you jump on the left or the right side. Jump on the left side, then you start moving on the left side, then you can become anything. Whatever we hear about people, the way they murder and rape and this and that and all these things start coming in very easily, because that energy lies beyond the Kundalini. Because you move on that side — all right, you want bhoots, have them. You want diseases, have them. You want to indulge into filthy things, have the filth. Whatever you want you can have it. Also that is available. Nobody can stop you. You want to be sly, you want to be talking behind the backs, all right, go ahead. This is also very common, I've heard that the Sahaja Yogis, specially ladies, go on talking behind about others, discussing. This is how we can never grow. If you have to talk, only talk good about others. Otherwise don't talk, best is. These things are not going to help us. Now we are not here in this world, at this stage, to build them more churches or temples or mosques. No — had enough of them, had enough of problems. So now we want to make for ourselves abode of love and purity, but those who are residents are not, then how can you have love? It will be always jealousies and selfishness and all those things there.

So when we talk of the light of the Kundalini, we have to understand that this light spreads in your life, outside your life and expresses itself in a very, very beautiful manner. Everyone says that Sahaja Yogis look very different from others. "There's a glow on their face. There's a - they look like flowers", so many. "Relaxed, they're very beautiful people." For example, in Cabella people were so impressed. They said, "These are young people and they have come here, they're not fighting among themselves, there are no hooligans among them." They're quite surprised how you could be so sensible, so many of you. So many people if they gather anywhere, they can go amok in no time. I

mean, even a smaller group can become mad, for no rhyme and reason they go mad.

So this collective behavior of yours was so much seen clearly by those simple village people. For that, you have to just desire. You just have to desire and this pure desire works out in the right direction, otherwise whatever you desire you can't get it. You want money? All right, have it. Move to the right side. Get money this way. Get money that way. Do what you like. Then you want to kill somebody - all right, get to the right side. You can get many people who will go and kill anybody they want to. Then you want some publicity or something. All right, get to the right side. All these things can happen, whatever you want according to the movement that you have. But for ascent, your desire should be pure desire to get to that greater personality of love and beautiful relationships.

Today you're worshipping your Kundalini. You are also worshipping the Adi Kundalini. Now, you have to find out what are we doing as far as the Adi Kundalini is concerned.

When you worship the Adi Kundalini, the reflection in you, which is your own Kundalini, feels very happy. Also the Deities feel happy. In that happy mood you can achieve a very much deeper experience, that's a fact. But, to keep it up, you have to meditate, otherwise all these strands will go back, slip down, which have come out in the puja. I know everyone likes to come to puja, they enjoy it. But you should understand that, "What do we get in this puja?" You come here – desire for that higher life. But try to get out of this every day-to-day nonsensical life. If you want, you can do it. It's again a question of your wanting.

So throughout it is 'want'. What is your desire? We have desire like 'children'. Some people want to have children. After the children are born then they say, "Wow, what these children! God save me!" (Shri Mataji laughing) Then you want to have money and most of those money people are now in jail.

Then you want to have fame. The fame of the people never helps them, only it gives you problems because of jealousies and all kinds of things. If fame was such a good thing, why should people be jealous?

So the power of Kundalini, which is your own Mother, which has to rise, which has to come up, which has to manifest itself, because of your pure desire. So in your introspection, in your pujas, in your meditation, if you see for yourself why are you meditating – it is for pure desire of compassion and love to be awakened within us. You are already in the meditation, you're already growing, the growth has started. And you'll grow so fast that this shell, which is this human conditioning and egos will just break open. And then this small, little thing which is only in the triangular bone — imagine in a - there's a very little space in this triangular bone — that it comes out and manifests and can save the whole world. Just see the magnificence, the expansiveness, the greatness of this Kundalini which was within you and which came up in its full strength and has shown tremendous things. Such people are the really great people and not the people who are trying to show off some sort of a brand cloth they wear, and try to show off. All these silly ideas and stupidities have to be given up by Sahaja Yogis.

So that this Kundalini wears the beautiful flowers, your words become fragrant, your glance becomes soothing, your smile becomes satisfying. Everything, all your being is emitting nothing but goodness, righteousness, peace - above all, joy. And the joy you feel now - together when we were yesterday clapping and singing songs and were feeling the joy at a very simple, simple music concert - without any drugs, without any shouting, screaming, nothing — very simple. The joy we were feeling, it was because our Kundalini was dancing. She was so happy, because what were you asking there? Nothing, but the enjoyment of collectivity. Collectivity doesn't mean that we all should be stuck together with some glue or something or we all become like Gibraltar, Rock of Gibraltar. No, it doesn't mean that. It means wherever you are, you are connected. That is collectivity. Connected doesn't mean that you hate that person. No, you're connected means you love that person, you're concerned about that person. The connection, the connecting line is of love and not of hatred. So, when you are connected with another person, or persons, then you are in collectivity. But people will live together and everyday break each other's heads. Some of them really give Me headaches, I tell you, sometimes, because they are nowhere near the real growth of Sahaja Yoga.

So you may be in America, you may be in India, you may be anywhere. You are just connected. And you are concerned. As soon as there's a problem somewhere, into any part, any part of the world, you are connected and you're effective, you can manage. But if you are not connected and you are just glued together, it's very inconvenient to live under such circumstances. I think people don't even understand the meaning of collectivity where there's not the other, ananya. Where there's not the other, there's no other personality. These personalities are separated from you because of left and right. Or could be both. But you are yourself fully when you're absolutely detached and your Kundalini is dancing – you're alone and never alone.

This oneness with the whole gives you all the security that you want, all the joy you want. And that's why Kundalini Awakening means collectivity. Unless and until you want pure collectivity in your being, Kundalini won't rise. I feel sad sometimes when people tell Me, “This gentleman is like this, this lady's like this and she just says things like that and she tries to put down her orders”, or some man like that. Then I really can't understand what are they doing here? We don't want Hitler's. This attitude of ours, so far has been on a different level, like acquire more money, acquire more wealth, acquire more houses, acquire more cars, acquire more wives, husbands, whatever it is, children. But the whole thing changes in Sahaja Yoga. You enjoy everything. All right, this is your hall, doesn't matter whosoever it paid, I am enjoying. It's better not to pay for it and enjoy other people's money! (Shri Mataji laughing) This carpet is not mine, very good. That's excellent. It's beautiful, I'm enjoying. (Laughter) Maybe the one who has got this, one must be worried about something. It might get spoiled or something, but I'm enjoying.

So when this detachment comes, really enjoy everything. And in that detachment only you enjoy others also because you are so detached about it, don't want anything with anyone. Only person to person you enjoy. That means you enjoy the Spirit of another person through your spirit, Atmanye wa Atmanye. It is through the Spirit only you enjoy another's Spirit. And then the Spirit itself is, as you know, is the source of knowledge. The light of the Spirit is the light of love, compassion, forgiveness, everything. All that starts shining in through your faces. I mean, from faces you can make out a Sahaja Yogi. There's no need to put hands and see. You know this is a Sahaja Yogi, can't be anything else.

So the relationship with the Adi Kundalini is that it is the reflection of the Adi Kundalini. Now the reflection — supposing you take an Indian mirror; you look in the mirror and you'll find you look like nothing on earth, it will just cut you into three pieces, maybe, or anything. But if you take a Belgian mirror, say, then the reflection is correct, full – but still not three dimensional. But this is a four dimensional reflection — four dimensional it is, what is called as turya state. And that four dimensional personality you have reflected because of your reflector of your desire. The reflector is the desire and the reflection is complete.

So when you worship the Adi Kundalini, what you are trying to do is to cleanse your Kundalini as well as please the Deities. Because this is an object, it is object, it is not to be changed – but the reflection can change.

The movement of Kundalini also depends on the temperament of the person, what sort of a desire he has for his Kundalini to rise. First of all, there are people who doubt. They don't even believe there is Kundalini. All right, even if they believe, they say, “Oh, the air might be coming out or something else.” They don't want to believe. So it's dishonesty. Kundalini cannot give you dishonesty. It can give you honesty and faith in honesty.

So She gives you faith in goodness, faith in honesty, not just by sermon or lecture, nothing by reading Bible or anything, but actually by actualizing the experience. Now, supposing - you want to go to the garden, supposing. Just you want to go to the garden and suddenly you'll find in the garden. Then you will know that your desire is pure. That's why it has worked out. “How am I in the garden? Has garden walked to me or I have walked into the garden?” All such things go on happening within you. These are miracles, as they call it, miracles of Sahaja Yoga. It's not that. It's the pure desire works it because it is powerful. It just works it. And when it works the whole thing out, you develop that faith

within yourself. So that faith, if it is within you, nobody can challenge that faith, which is not a blind faith but an open-eyes, experienced faith which is established within you - cannot be challenged. If you have the faith, it will be done. That's why I always say don't say even off-hand things because you're Sahaja Yogis, you are connected. If you say, "Let that plane be late", it will be. There is no need to say such things. We have had so many experiences like this. I have been telling Sahaja Yogis not to say something off-hand because you must know you are connected now. Your pure desire is now being fulfilled and you are now connected, now you are Divine, you are Realized souls, you are very different from others. You can't imagine, I can't talk like this to anyone. Take any judge, for example, even from France, (Laughter) I can't explain anything to them or talk to them. It's beyond their mind. But for you, all this subtle knowledge is just being absorbed because your Kundalini's absorbing it.

Now, as it is, you know I always perspire too much. Why? Because I go on absorbing your heat. I absorb so much that I perspire. So much, despite the fact that you people are having a nice cool breeze, and I am feeling hot. So this, your Kundalini also absorbs. But whatever you absorb is absorbed back by Me. But that becomes like a barometer. Immediately you know, "This is this. This is that. He's very hot. He's like this." You immediately know, without even thinking, without for asking, without any desires, you know that this one is like that. But the same fellow will be quite friendly with others, it's all right, but you just can't stand it, because your Kundalini is a barometer and She tells you what's wrong with others, with yourself. Now, for example, Agnya is a problem, Agnya. Everybody, "Mother, Agnya is a problem. Agnya is a problem." Means, I am egoistical. No one says that — means that. So you are the one who can know about yourself — that is Self-Knowledge — and also you can know about others because of the Kundalini's purity, it's the reflector. And the more you become a better reflector, the more Kundalini shows.

So, for us it is important to know that our Kundalini's awakened, that is the pure desire, that's the pure Mother of ours. Each one has got a separate mother, individual mother, and that this Kundalini, whichever we have our own separate, different from others in a way that She - Her awareness about us is different. But, in Her function, in Her methods, She's just the same in everyone. She - She knows about Me, She knows about you, She knows about you, so She's different in a way, in the knowledge. But the way that She works in everyone is just the same. You wouldn't find somebody's Kundalini in the stomach, somebody's in the throat. It's in the same place and it moves the same way. It cures the same way. It works the same way, except that it has the knowledge. For example, if you have two Mercedes cars, they work the same way — exactly the same. But supposing if I have to go from here to, say, Frankfurt, then the road is circuitous, so she has to go in a circuitous way. But another Mercedes, which has to go on a straight route, it will go on a straight route. But the working is the same. Only the knowledge She has about you in particular - She knows you very well out and out. Remember this. You cannot cheat Her. She knows you very well and that is the reason why today we are here to worship our Kundalini, to give Her all the credit, that "Oh, Mother, You have given us these great powers. You have given us this subtle knowledge within ourself. You have given us the love which encompasses the whole world." And the more and the more you become aware of her connections — very, very delicate connections — then you'll be amazed. In one of My photographs which came out, you must have seen many, many lines going like that, but very thin lines, sharp, thin. This is how we are.

Now we are all Realized souls. Only thing, if we have to develop ourselves and grow, we have to ask for, desire for something very beautiful. But our attention is moving on nonsensical things, how will you grow? That's why I said we have to meditate so we get into thoughtless awareness by which we allow the Kundalini to grow. I hope after today's program people will pay attention to their own Kundalini and not to the defects of other people. First you must grow and develop a personality of that compassion and love and everything. Then only you'll be amazed. You'll grow into something really - a beautiful picture of perfection as a human being.

So may God bless you!